



IH PTSA COMMUNITY VOLUNTEER PROGRAM GUIDELINES FOR ISSAQUAH HIGH STUDENTS



(For all info on the program and to find the forms go to: www.issaquahhighptsa.org/page/pta/community_service)

What are Community Volunteer Service Hours?

Community Volunteer Service Hours are hours spent performing services without pay or other compensation (except recognition and appreciation) for the good of an individual, an agency, the community or society.

PLEASE NOTE: As this is a new program for Issaquah High – we will be rolling it out incrementally:

*The class of 2016 will document 75 total hours. Students of the graduating class of 2017 and beyond will be required to document 100 total hours of community service over the course of four years.

Why Should I Volunteer?

Volunteerism provides many benefits, not just for the community, but for the student, especially if you are truly interested in the organization or cause for which you are volunteering.

- To explore different career fields.
- To give back to the community.
- To gain valuable contacts for future job or internship opportunities.
- To learn new skills or enhance skills in your area of interest.
- To provide colleges a volunteer service record.
- To meet requirements for many scholarships.
- To be recognized at Senior graduation with a service cord. (*100 or more hours) --- PTSA purchases the cords for students who qualify.

What Counts as Community Service?

- Hours should be performed outside of school time without pay or compensation.
- Hours volunteered after 8th grade promotion to date do count.
- Hours must be authorized (signed, or a written letter) by a supervisor of the program.
- Hours worked for National Honor Society, Key Club and DECA do count, as long as they meet all other criteria.
- Hours for class credit: Health, Sports Medicine and Music do not count.
- Only actual working hours count: travel and sleep hours do not count.
- Fundraising, Rehearsal hours and Planning/ Meetings do not count.
- Hours worked as a result of Traffic Court do not count.
- Interning/Job Shadowing do not count.

How Do I Turn In My Hours?

The easiest way to submit hours is online.

- Students should download and fill out a [Volunteer Log Form](#) or pick one up in the main office. (Click on link above or go to Issaquah High PTSA website at www.issaquahhighptsa.org, and click on “Community Service”).
- Make sure the Log Sheet is complete with Full Name, Graduation Year, Email, and Phone number.
- For past service hours, you may bring a letter or note stating the hours and dates of service signed by the authorized supervisor of the volunteer activity or parent/guardian. Please have them include their phone number and email contact.
- **Once you have reached a minimum hours, scan and email to issyhighcommunityservice@gmail.com, or put in the box in office. (MAKE A COPY of your form for your own records before you turn it in.)**

Deadlines?

The deadline for **Seniors** to earn graduation cords will be **Monday, May 2th**.
For more information, email: issyhighcommunityservice@gmail.com

****Please note that this is a hard deadline, necessary to submit all qualifying names for the Graduation Program.**

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